

bershka size guide eu

bershka size guide eu is an essential resource for shoppers looking to find the perfect fit when purchasing clothing from Bershka, a popular European fashion brand. Understanding the Bershka size guide EU helps customers navigate the brand's sizing system, which can differ from standard sizing charts, especially when shopping internationally. This comprehensive guide covers all aspects of the Bershka size guide EU, including detailed measurements for men, women, and children, tips on how to measure yourself accurately, and advice on how to interpret size conversions between EU, US, UK, and other sizing standards. Whether purchasing online or in-store, knowing the right size ensures comfort, style, and satisfaction with your Bershka clothing. This article aims to provide a thorough understanding of the Bershka size guide EU to make informed and confident shopping decisions.

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Bershka Size Guide EU Overview

The Bershka size guide EU offers a standardized measurement system tailored to the European market. It provides specific sizing details for various types of clothing, including tops, bottoms, dresses, outerwear, and accessories. The guide helps bridge the gap between different sizing conventions used around the world by offering precise dimensions in centimeters and size numbers common in the EU. This uniformity simplifies shopping both online and in physical stores, allowing customers to select sizes that match their body measurements accurately. Bershka's sizing is designed to cater to the contemporary fashion market, offering fits that range from slim to relaxed, depending on the garment style.

How to Measure Yourself for Bershka Clothing

Accurately measuring your body is crucial when using the Bershka size guide EU to ensure a perfect fit. This section explains the key body measurements needed and how to take them correctly at home with a measuring tape. Understanding these measurements will help you select the appropriate size according to the Bershka chart.

Essential Measurements

The main measurements to take include chest, waist, hips, and inseam. These dimensions correspond to the sizing categories Bershka uses for its various clothing lines.

- **Chest:** Measure around the fullest part of your chest, keeping the tape horizontal and snug but not tight.
- **Waist:** Measure around the narrowest part of your waist, usually just above the belly button.
- **Hips:** Measure around the fullest part of your hips, typically 7-9 inches below your waist.
- **Inseam:** Measure from the crotch to the bottom of your ankle for pants and jeans.

Measurement Tips

Use a flexible tape measure and stand straight for accurate results. It is recommended to measure in front of a mirror or have someone assist you. Wear light clothing or measure directly on your body to avoid inaccuracies. Write down your measurements and compare them to the Bershka size guide EU for the best fit.

Bershka Women's Size Guide EU

Bershka's women's sizing follows the EU standard but includes specific measurements to accommodate the brand's fashion-forward designs. The size scale typically ranges from EU 32 to EU 44 and above, covering petite to plus sizes. The guide helps women identify their ideal size based on their body dimensions.

Clothing Size Chart

The following measurements are essential for selecting women's tops, dresses, and bottoms according to the Bershka size guide EU:

- **EU Size 32:** Chest 76-80 cm, Waist 60-64 cm, Hips 84-88 cm
- **EU Size 34:** Chest 80-84 cm, Waist 64-68 cm, Hips 88-92 cm
- **EU Size 36:** Chest 84-88 cm, Waist 68-72 cm, Hips 92-96 cm
- **EU Size 38:** Chest 88-92 cm, Waist 72-76 cm, Hips 96-100 cm
- **EU Size 40:** Chest 92-96 cm, Waist 76-80 cm, Hips 100-104 cm
- **EU Size 42:** Chest 96-100 cm, Waist 80-84 cm, Hips 104-108 cm

Fit and Style Considerations

Bershka offers a variety of fits, from body-hugging to oversized styles. When using the size guide, consider the garment's intended silhouette. For fitted items, opting for a size that closely matches your measurements ensures a flattering look, while oversized pieces may allow for a slightly larger size for comfort and style.

Bershka Men's Size Guide EU

Bershka men's clothing sizes also adhere to the EU system, generally ranging from EU 44 to EU 54. The guide provides measurements for chest, waist, hips, and inseam to help determine the correct size for shirts, jackets, trousers, and other apparel.

Men's Measurement Chart

The Bershka size guide EU for men includes the following approximate measurements:

- **EU Size 44:** Chest 88-92 cm, Waist 76-80 cm, Hips 90-94 cm
- **EU Size 46:** Chest 92-96 cm, Waist 80-84 cm, Hips 94-98 cm
- **EU Size 48:** Chest 96-100 cm, Waist 84-88 cm, Hips 98-102 cm
- **EU Size 50:** Chest 100-104 cm, Waist 88-92 cm, Hips 102-106 cm
- **EU Size 52:** Chest 104-108 cm, Waist 92-96 cm, Hips 106-110 cm

Choosing the Right Fit

Men's fashion at Bershka includes slim, regular, and relaxed fits. The size guide EU should be used alongside fit descriptions on product labels to select the most comfortable and appropriate size. For example, slim-fit items will require more precise measurements, while relaxed-fit garments may accommodate a broader range of sizes.

Bershka Kids' Size Guide EU

Bershka also offers a kids' clothing line, with sizes typically expressed in EU format based on age or height. The kids' size guide EU ensures that parents and guardians can select clothing that fits growing children comfortably and accurately.

Size Ranges for Children

Kids' sizes at Bershka usually range from EU 92 to EU 164, corresponding roughly to ages 2 to 14 years. The guide is based primarily on height in

centimeters, making it easier to find the right size.

- **EU Size 92:** Height 92 cm (approx. 2 years)
- **EU Size 104:** Height 104 cm (approx. 4 years)
- **EU Size 116:** Height 116 cm (approx. 6 years)
- **EU Size 128:** Height 128 cm (approx. 8 years)
- **EU Size 140:** Height 140 cm (approx. 10 years)
- **EU Size 152:** Height 152 cm (approx. 12 years)
- **EU Size 164:** Height 164 cm (approx. 14 years)

Additional Measurement Tips for Kids

When selecting sizes for children, consider height primarily. However, it is also useful to measure chest and waist circumference to ensure a comfortable fit, especially for tighter clothing like jackets or jeans. Allowing extra room for growth can be beneficial when purchasing for younger children.

Size Conversion: EU to US, UK, and Other Systems

Understanding how Bershka's EU sizes correspond to other international sizing systems is essential for shoppers outside Europe. This section explains the key conversions to US, UK, and other sizing standards to assist global customers in selecting the right size.

Women's Size Conversion

The Bershka size guide EU typically converts to other systems as follows:

- EU 34 = US 4 / UK 6
- EU 36 = US 6 / UK 8
- EU 38 = US 8 / UK 10
- EU 40 = US 10 / UK 12
- EU 42 = US 12 / UK 14

Men's Size Conversion

Men's sizes in Bershka EU format convert approximately as:

- EU 44 = US 34 / UK 34
- EU 46 = US 36 / UK 36
- EU 48 = US 38 / UK 38
- EU 50 = US 40 / UK 40
- EU 52 = US 42 / UK 42

Considerations for Accurate Sizing

Size conversions serve as a general guideline. Variations may exist depending on garment style and brand-specific fits. Always refer to the Bershka size guide EU measurements alongside conversion charts to ensure the best fit when shopping internationally.

Tips for Choosing the Right Bershka Size

Choosing the correct size using the Bershka size guide EU involves more than just comparing numbers. The following practical tips help enhance the accuracy of your selection process.

- **Check the Product Description:** Pay attention to the fit type and fabric composition, as these affect sizing.
- **Measure Regularly:** Body measurements can change over time; take new measurements before each purchase.
- **Consider Customer Reviews:** Reviews often provide insights into whether items run small, true to size, or large.
- **Allow for Layering:** For outerwear, choose sizes that accommodate additional layers underneath.
- **Use Size Charts Provided by Bershka:** Always consult the official Bershka size guide EU charts specific to the product category.

Frequently Asked Questions

What are the standard EU sizes used in the Bershka size guide?

Bershka's EU size guide typically ranges from EU 32 to EU 44 for women and EU 44 to EU 54 for men, covering XS to XL sizes.

How do I convert Bershka EU sizes to US sizes?

To convert Bershka EU sizes to US sizes, generally subtract 30 from the EU size. For example, EU 38 corresponds to US size 8 in women's clothing.

Does Bershka provide a size guide for both men and women in EU sizes?

Yes, Bershka offers separate size guides for men and women in EU sizes to ensure accurate fitting for each gender.

How do I measure myself to use the Bershka EU size guide effectively?

Measure your bust/chest, waist, and hips in centimeters or inches, then compare these measurements to the Bershka EU size guide charts to find your ideal size.

Are Bershka EU sizes true to size or should I size up or down?

Bershka EU sizes are generally true to size, but for a looser fit, some customers recommend sizing up, especially for fitted clothing.

Where can I find the official Bershka EU size guide online?

The official Bershka EU size guide can be found on Bershka's website under the 'Size Guide' section, usually on the product pages or the help center.

Does Bershka's EU size guide include measurements for shoes and accessories?

Bershka's EU size guide primarily focuses on clothing sizes; shoe sizes are usually listed separately, and accessories typically do not require sizing.

Additional Resources

1. The Ultimate Guide to Bershka Size Charts: EU Edition

This comprehensive guide breaks down the Bershka sizing system specifically for European customers. It explains how to interpret the size labels and convert measurements accurately. The book also offers tips on measuring yourself at home to ensure the perfect fit when shopping online.

2. Understanding European Clothing Sizes: Focus on Bershka

A detailed exploration of European clothing sizes, with a special emphasis on Bershka's size guide. The book compares EU sizes to other international sizing standards and helps readers navigate the variations between brands. It's an essential read for shoppers who want to avoid common fitting mistakes.

3. Bershka Fashion Fit: Navigating Sizes and Styles

This book combines fashion advice with size guidance, focusing on how

Bershka's sizing intersects with their trendy styles. Readers learn how different cuts and fabrics affect fit and how to choose the right size for various clothing types. It also includes real customer testimonials and fitting experiences.

4. *From XS to XL: Decoding Bershka's EU Sizing System*

A beginner-friendly manual that explains the meaning behind each size label in Bershka's European range. The book offers practical measurement charts and advice for adjusting sizes depending on body shape. It also covers how to interpret size variations between Bershka's men's and women's collections.

5. *Shopping Smart: Using the Bershka Size Guide for Online EU Purchases*

This guide focuses on how to effectively use the Bershka size guide when shopping online in Europe. It discusses common issues faced by online shoppers, such as inconsistent sizing and return policies. The book provides strategies for selecting the right size and minimizing fit-related returns.

6. *The Science of Sizing: European Apparel and Bershka's Approach*

An analytical look at clothing sizing standards across Europe, with a detailed case study on Bershka's sizing methodology. The book explores the history and evolution of size charts and how Bershka adapts to market demands. It's ideal for fashion students and industry professionals.

7. *Bershka Size Guide EU: Tips for Petite and Plus-Size Shoppers*

Catering to shoppers with diverse body types, this book offers tailored advice on using the Bershka size guide for petite and plus-size consumers. It highlights which styles and sizes work best and how to modify purchases for a better fit. The guide encourages confidence in shopping for all body shapes.

8. *Fashion Fit: Comparing Bershka EU Sizes with Other European Brands*

This comparative guide examines how Bershka's EU sizes stack up against other popular European fashion brands. It helps readers understand subtle differences in sizing and fit, aiding in more informed shopping decisions. The book includes side-by-side size charts and style recommendations.

9. *Mastering the Perfect Fit: A Shopper's Handbook for Bershka EU Sizes*

Designed as a practical handbook, this book equips readers with all the tools needed to master Bershka's EU sizing. It covers measurement techniques, size conversion tips, and common customer FAQs. With this knowledge, shoppers can confidently choose clothing that fits perfectly every time.

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