

prevea physical therapy green bay

prevea physical therapy green bay offers comprehensive rehabilitation services designed to enhance mobility, reduce pain, and restore function for patients in the Green Bay area. This facility is known for its personalized treatment plans, expert physical therapists, and state-of-the-art equipment that cater to a wide range of musculoskeletal and neurological conditions. Patients seeking effective recovery from injuries, surgeries, or chronic conditions can rely on Prevea's integrated approach to physical therapy. The center emphasizes evidence-based techniques and patient education to promote long-term wellness and prevent future injuries. This article will explore the services offered, the benefits of choosing Prevea Physical Therapy in Green Bay, and what patients can expect during their rehabilitation journey. Additionally, insights into specialized programs and insurance options will be provided to help prospective patients make informed decisions.

- Overview of Prevea Physical Therapy Green Bay
- Services Offered
- Benefits of Choosing Prevea Physical Therapy
- What to Expect During Treatment
- Specialized Programs
- Insurance and Payment Options

Overview of Prevea Physical Therapy Green Bay

Prevea Physical Therapy Green Bay is a leading rehabilitation center dedicated to improving patient outcomes through customized therapy solutions. As part of the larger Prevea Health network, this facility leverages multidisciplinary expertise to ensure comprehensive care. With a focus on patient-centered treatment, Prevea Physical Therapy addresses a variety of conditions ranging from orthopedic injuries to neurological disorders. The Green Bay location is equipped with modern technology and staffed by licensed physical therapists who specialize in different areas of rehabilitation. This combination of resources allows Prevea to deliver effective recovery plans tailored to individual needs.

Facility and Staff Expertise

The Green Bay center features advanced therapeutic equipment, including modalities for manual therapy, therapeutic exercise, and functional training. The physical therapists at Prevea have extensive training in areas such as sports medicine, post-surgical rehabilitation, and chronic pain management. Their expertise enables them to design evidence-based programs that promote healing and restore function efficiently. The team

also collaborates closely with physicians and other healthcare providers to ensure a coordinated approach to patient care.

Services Offered

Prevea Physical Therapy Green Bay provides a broad spectrum of services tailored to meet diverse rehabilitation needs. These services are designed to address acute injuries, chronic conditions, and post-operative recovery through individualized treatment plans.

Orthopedic Rehabilitation

This service focuses on musculoskeletal injuries such as fractures, sprains, strains, and joint replacements. Therapists use manual therapy, therapeutic exercises, and modalities like ultrasound or electrical stimulation to reduce pain and improve mobility.

Sports Injury Therapy

Specialized programs for athletes help accelerate recovery from sports-related injuries while emphasizing injury prevention and performance enhancement.

Neurological Rehabilitation

Prevea offers therapy for patients with neurological conditions such as stroke, Parkinson's disease, and multiple sclerosis. The goal is to improve motor function, balance, and coordination.

Post-Surgical Rehabilitation

Prevea guides patients through recovery after surgeries like total joint replacement, spinal surgery, and rotator cuff repair, focusing on restoring strength and flexibility.

Pain Management

Chronic pain conditions, including arthritis and fibromyalgia, are managed with therapeutic techniques aimed at reducing symptoms and improving quality of life.

Benefits of Choosing Prevea Physical Therapy

Opting for Prevea Physical Therapy in Green Bay offers several advantages that contribute to effective and efficient rehabilitation.

- **Personalized Care:** Each treatment plan is customized based on thorough assessments and patient goals.
- **Experienced Therapists:** Licensed professionals with specialized training ensure high-quality care.
- **Comprehensive Approach:** Integration with other healthcare services supports holistic recovery.
- **Advanced Techniques:** Utilization of evidence-based therapies and modern equipment enhances outcomes.
- **Convenient Location:** Easily accessible in Green Bay, facilitating regular attendance and continuity of care.

What to Expect During Treatment

Patients beginning therapy at Prevea Physical Therapy Green Bay can expect a structured and supportive rehabilitation process designed to optimize recovery.

Initial Evaluation

The therapy journey starts with a detailed assessment to identify the root cause of symptoms and functional limitations. This evaluation includes a physical examination and review of medical history.

Customized Treatment Plan

Based on the evaluation, therapists develop a tailored plan that outlines specific goals, treatment methods, and estimated timelines for recovery.

Therapeutic Sessions

Treatment typically involves hands-on manual therapy, supervised exercises, and use of modalities to reduce pain and improve function. Therapists provide education on home exercises and lifestyle modifications to support healing.

Progress Monitoring

Regular reassessments track improvements and allow adjustments to the treatment plan to ensure continued progress toward recovery goals.

Specialized Programs

Prevea Physical Therapy Green Bay offers specialized programs designed to address unique patient needs and enhance therapeutic outcomes.

Balance and Fall Prevention

This program targets older adults or individuals with balance impairments, focusing on exercises that improve stability and reduce fall risk.

Work-Related Injury Rehabilitation

Customized therapy assists patients recovering from workplace injuries to regain function and safely return to work.

Vestibular Rehabilitation

For patients experiencing dizziness or vertigo, this program employs specific exercises to improve vestibular system function and alleviate symptoms.

Insurance and Payment Options

Prevea Physical Therapy Green Bay accepts a wide range of insurance plans, making access to quality rehabilitation more affordable and convenient for patients.

Insurance Coverage

The facility works with major insurance providers to facilitate coverage for physical therapy services. Patients are encouraged to verify benefits before beginning treatment.

Self-Pay and Financing

For those without insurance or seeking services beyond coverage limits, Prevea offers flexible payment options and may provide guidance on financing plans.

Frequently Asked Questions

What services does Prevea Physical Therapy in Green

Bay offer?

Prevea Physical Therapy in Green Bay offers a variety of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, balance and vestibular therapy, and chronic pain management.

How can I schedule an appointment at Prevea Physical Therapy Green Bay?

You can schedule an appointment at Prevea Physical Therapy Green Bay by calling their office directly, visiting their website to book online, or getting a referral from your healthcare provider.

Does Prevea Physical Therapy Green Bay accept insurance?

Yes, Prevea Physical Therapy Green Bay accepts most major insurance plans. It is recommended to check with your insurance provider or contact Prevea directly to confirm coverage.

What are the COVID-19 safety protocols at Prevea Physical Therapy Green Bay?

Prevea Physical Therapy Green Bay follows strict COVID-19 safety protocols including mandatory mask-wearing, enhanced cleaning procedures, social distancing in waiting areas, and screening of patients and staff.

Are there specialized physical therapists for athletes at Prevea Physical Therapy Green Bay?

Yes, Prevea Physical Therapy Green Bay has specialized therapists experienced in sports physical therapy to help athletes recover from injuries and improve performance.

What should I expect during my first visit to Prevea Physical Therapy Green Bay?

During your first visit, a physical therapist will conduct a thorough evaluation including your medical history, physical assessment, and discuss your goals to create a personalized treatment plan.

Where is Prevea Physical Therapy located in Green Bay?

Prevea Physical Therapy in Green Bay is conveniently located at 2920 E Mason St, Green Bay, WI 54311, offering easy access and ample parking for patients.

Additional Resources

1. *Healing Hands: The Prevea Physical Therapy Approach in Green Bay*

This book explores the comprehensive physical therapy techniques employed by Prevea in Green Bay. It delves into patient success stories, innovative treatment methods, and the role of technology in rehabilitation. Readers will gain insight into how personalized care can accelerate recovery and improve quality of life.

2. *Rehabilitation Revolution: Inside Prevea Physical Therapy Green Bay*

Discover the transformative rehabilitation programs at Prevea Physical Therapy in Green Bay. The book covers various conditions treated, from sports injuries to chronic pain, highlighting multidisciplinary strategies. It also discusses the importance of community support and education in physical therapy outcomes.

3. *Movement Matters: Techniques and Therapies at Prevea Physical Therapy Green Bay*

Movement Matters provides a detailed look at the therapeutic exercises and manual therapies used by Prevea clinicians. It includes practical advice for maintaining mobility and preventing injury, making it a valuable resource for patients and therapists alike. The book emphasizes evidence-based practices and patient-centered care.

4. *From Injury to Recovery: The Prevea Physical Therapy Green Bay Journey*

This narrative-driven book follows patients through their recovery journeys at Prevea Physical Therapy in Green Bay. It highlights challenges faced, milestones achieved, and the emotional resilience needed for healing. The book serves as inspiration for individuals facing physical setbacks.

5. *Sports Injury Recovery with Prevea Physical Therapy Green Bay*

Focused on athletes, this book details specialized rehabilitation techniques tailored for sports injuries at Prevea Physical Therapy Green Bay. It discusses preventive strategies, performance enhancement, and return-to-play protocols. Coaches and athletes will find practical tips to optimize recovery and reduce re-injury risk.

6. *Innovations in Physical Therapy: Prevea Green Bay's Model of Care*

Explore the cutting-edge technologies and treatment innovations implemented by Prevea Physical Therapy in Green Bay. From telehealth services to advanced diagnostic tools, this book illustrates how innovation improves patient outcomes. It also covers staff training and continuous improvement initiatives.

7. *Prevea Physical Therapy Green Bay: Caring for Aging Bodies*

This book addresses the unique physical therapy needs of older adults treated at Prevea in Green Bay. It covers balance training, fall prevention, and managing age-related conditions like arthritis. The compassionate approach of Prevea therapists is emphasized throughout, promoting dignity and independence.

8. *The Prevea Physical Therapy Green Bay Handbook for Patients*

A practical guide designed for patients undergoing treatment at Prevea Physical Therapy Green Bay. It explains what to expect during therapy sessions, home exercises, and tips for maximizing recovery. The handbook also includes FAQs and advice on communicating effectively with therapists.

9. *Community Wellness and Physical Therapy: The Prevea Green Bay Experience*

This book highlights Prevea Physical Therapy's role in promoting overall community health in Green Bay. It covers outreach programs, wellness workshops, and partnerships with local organizations. Readers learn how physical therapy extends beyond clinics to foster healthier lifestyles citywide.

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