

princess anne health & rehab center

princess anne health & rehab center is a leading healthcare facility specializing in comprehensive rehabilitation and skilled nursing care. Located in a serene environment, this center provides a wide range of medical, therapeutic, and wellness services designed to support patient recovery and enhance quality of life. With a dedicated team of healthcare professionals, princess anne health & rehab center focuses on personalized treatment plans tailored to individual needs. This article provides an in-depth overview of the services, amenities, care quality, and patient support systems available at princess anne health & rehab center. Readers will gain insight into the center's mission, rehabilitation programs, staff expertise, and community involvement. The following sections offer a structured guide to understanding what makes princess anne health & rehab center a trusted choice for post-acute care and rehabilitation services.

- Overview of Princess Anne Health & Rehab Center
- Rehabilitation Services and Programs
- Skilled Nursing Care and Patient Support
- Facilities and Amenities
- Qualified Staff and Professional Care
- Community Engagement and Patient Resources

Overview of Princess Anne Health & Rehab Center

Princess Anne Health & Rehab Center is a multifaceted healthcare institution committed to delivering high-quality rehabilitation and nursing services. Catering to individuals recovering from surgery, illness, or injury, the center emphasizes holistic care that addresses physical, emotional, and social well-being. Its strategic location and state-of-the-art infrastructure support effective recovery environments. The center's mission underscores compassion, respect, and clinical excellence, making it a preferred destination for patients and families seeking trusted rehabilitation solutions.

Mission and Vision

The mission of princess anne health & rehab center is to promote healing and independence through comprehensive medical care and personalized rehabilitation programs. The vision encompasses becoming a leader in skilled nursing and therapy services by continuously improving care quality and patient satisfaction. This commitment ensures that all residents receive attentive, respectful care in a safe and supportive setting.

Accreditation and Quality Standards

Princess Anne Health & Rehab Center maintains rigorous accreditation status from recognized healthcare organizations, reflecting adherence to national standards. Regular quality assessments, patient safety protocols, and continuous staff training contribute to superior care outcomes. These standards guarantee that the facility operates with accountability and transparency in all service areas.

Rehabilitation Services and Programs

The rehabilitation services at princess anne health & rehab center are designed to facilitate optimal recovery and restore functional independence. A multidisciplinary approach integrates physical, occupational, and speech therapies, tailored to the specific needs of each patient. The center employs evidence-based techniques and modern equipment to maximize therapy effectiveness.

Physical Therapy

Physical therapy focuses on improving mobility, strength, balance, and coordination through personalized exercise regimens and manual therapy. Patients recovering from orthopedic surgeries, strokes, or chronic conditions benefit from structured physical rehabilitation plans that support pain management and functional restoration.

Occupational Therapy

Occupational therapy assists patients in regaining the skills necessary for daily living and work activities. Therapists work on fine motor skills, cognitive function, and adaptive techniques to enhance independence and quality of life. Customized interventions help patients overcome physical and cognitive challenges resulting from injury or illness.

Speech and Language Therapy

Speech and language therapy addresses communication disorders, swallowing difficulties, and cognitive-linguistic impairments. The program supports patients with neurological conditions such as stroke or traumatic brain injury, facilitating improved communication abilities and safe swallowing practices.

Specialized Rehabilitation Programs

- Post-Surgical Rehabilitation
- Stroke Recovery Programs
- Cardiac and Pulmonary Rehabilitation

- Orthopedic and Sports Injury Recovery
- Neurological Rehabilitation

These targeted programs incorporate multidisciplinary expertise and customized care plans to address complex rehabilitation needs effectively.

Skilled Nursing Care and Patient Support

Princess Anne Health & Rehab Center provides around-the-clock skilled nursing care delivered by licensed professionals. The nursing team monitors vital signs, administers medications, manages chronic conditions, and supports wound care. Emphasis is placed on patient comfort, dignity, and emotional support throughout the care continuum.

Medication Management

Accurate and timely medication administration is a critical component of patient safety at princess anne health & rehab center. Nurses collaborate with physicians and pharmacists to ensure appropriate dosing, prevent adverse reactions, and educate patients and families about medication regimens.

Chronic Disease Management

The center offers specialized care plans for chronic illnesses such as diabetes, hypertension, and respiratory diseases. Continuous monitoring and therapeutic interventions help stabilize conditions and prevent hospital readmissions.

Wound Care and Pain Management

Advanced wound care techniques are employed to promote tissue healing and prevent infections. Pain management strategies incorporate pharmacologic and non-pharmacologic methods to enhance patient comfort and participation in rehabilitation activities.

Facilities and Amenities

Princess Anne Health & Rehab Center boasts modern facilities designed to create a therapeutic environment conducive to recovery. The center's physical layout supports accessibility, safety, and comfort for residents and visitors alike.

Therapy Gyms and Equipment

Fully equipped therapy gyms provide a range of exercise machines, balance tools, and assistive

devices to facilitate rehabilitation. These spaces are designed for individual and group therapy sessions under professional supervision.

Resident Rooms and Common Areas

Private and semi-private rooms are furnished to meet patient needs, featuring climate control and emergency response systems. Common areas encourage social interaction and recreational activities, promoting mental and emotional well-being.

Dining and Nutrition Services

The center offers nutritious meal plans tailored to individual dietary requirements and preferences. Registered dietitians collaborate with the care team to ensure optimal nutrition supports patient recovery and health maintenance.

Qualified Staff and Professional Care

The expertise of the healthcare team at princess anne health & rehab center is fundamental to delivering exceptional rehabilitation and nursing services. Staff members include licensed nurses, certified therapists, physicians, and support personnel committed to patient-centered care.

Credentials and Training

All clinical staff hold necessary certifications and participate in ongoing education to remain current with best practices. The center fosters a culture of continuous improvement and professional development.

Interdisciplinary Care Teams

Collaborative care models ensure that multiple healthcare disciplines work cohesively to develop and implement individualized care plans. Regular team meetings and patient evaluations promote coordinated and comprehensive treatment approaches.

Patient and Family Education

Education programs empower patients and families to understand health conditions, rehabilitation goals, and post-discharge care. Resources and counseling are readily available to support informed decision-making and long-term wellness.

Community Engagement and Patient Resources

Princess Anne Health & Rehab Center actively engages with the local community through outreach initiatives and educational events. These efforts aim to raise awareness about rehabilitation services and promote health literacy.

Support Groups and Counseling

The center hosts support groups for patients and caregivers dealing with specific health challenges. Counseling services address emotional and psychological needs, fostering resilience and adjustment during recovery.

Volunteer and Outreach Programs

Volunteer opportunities encourage community involvement and enhance the social environment within the center. Outreach programs extend care beyond the facility, offering education and preventive health resources to the public.

Discharge Planning and Aftercare

Comprehensive discharge planning ensures a smooth transition from the center to home or other care settings. Aftercare services include home health referrals, outpatient therapy, and follow-up consultations to maintain rehabilitation progress.

Frequently Asked Questions

Where is Princess Anne Health & Rehab Center located?

Princess Anne Health & Rehab Center is located in Virginia Beach, Virginia.

What types of services does Princess Anne Health & Rehab Center offer?

Princess Anne Health & Rehab Center offers skilled nursing care, physical therapy, occupational therapy, speech therapy, and long-term care services.

Is Princess Anne Health & Rehab Center Medicare and Medicaid certified?

Yes, Princess Anne Health & Rehab Center is certified to accept both Medicare and Medicaid.

How can I contact Princess Anne Health & Rehab Center for admissions?

You can contact Princess Anne Health & Rehab Center for admissions by calling their main phone number or visiting their official website for more information.

Does Princess Anne Health & Rehab Center provide rehabilitation services after surgery?

Yes, they provide comprehensive rehabilitation services to help patients recover after surgery or illness.

What is the patient-to-staff ratio at Princess Anne Health & Rehab Center?

The patient-to-staff ratio varies, but Princess Anne Health & Rehab Center maintains a sufficient staffing level to ensure quality care and attention for each resident.

Are there any recent reviews or ratings available for Princess Anne Health & Rehab Center?

Recent reviews and ratings for Princess Anne Health & Rehab Center can be found on healthcare review websites such as Medicare's Nursing Home Compare or Google Reviews, reflecting patient and family experiences.

Additional Resources

1. Healing Journeys at Princess Anne Health & Rehab Center

This book offers an insightful exploration of the rehabilitation programs and patient success stories at Princess Anne Health & Rehab Center. It highlights the center's approach to holistic healing, combining physical therapy, occupational therapy, and compassionate care. Readers will gain an understanding of how personalized treatment plans help patients regain independence and improve their quality of life.

2. Compassionate Care: Stories from Princess Anne Health & Rehab

Through heartfelt narratives and interviews, this book captures the dedication of the staff and the resilience of patients at Princess Anne Health & Rehab Center. It emphasizes the importance of emotional support alongside medical treatment in rehabilitation. The book serves as an inspiring testament to the power of empathy in healthcare.

3. Innovations in Rehab Therapy: Inside Princess Anne Health & Rehab Center

Focusing on cutting-edge rehabilitation techniques, this book delves into the technologies and therapies used at Princess Anne Health & Rehab Center. It covers advancements such as robotic-assisted therapy, aquatic therapy, and neurorehabilitation. Healthcare professionals and patients alike will find valuable insights into modern rehabilitation practices.

4. Princess Anne Health & Rehab Center: A Guide for Families

Designed as a practical resource, this guide helps families navigate the rehabilitation process for their loved ones at Princess Anne Health & Rehab Center. It includes advice on what to expect during a stay, ways to support recovery, and tips for communicating with medical staff. The book aims to empower families through knowledge and understanding.

5. Senior Wellness and Rehabilitation at Princess Anne

This book focuses on the specialized care provided to elderly patients at Princess Anne Health & Rehab Center. It discusses common health challenges faced by seniors and how tailored rehab programs address mobility, cognitive function, and chronic conditions. Readers will learn about the center's commitment to promoting dignity and independence in aging.

6. Nutrition and Recovery: The Princess Anne Approach

Highlighting the critical role of nutrition in rehabilitation, this book explores the dietary strategies employed at Princess Anne Health & Rehab Center. It explains how proper nutrition supports healing, boosts energy, and prevents complications. The book also offers practical meal planning tips for patients and caregivers during recovery.

7. Rehabilitation Success Stories from Princess Anne Health & Rehab

Featuring a collection of inspiring patient journeys, this book shares real-life examples of recovery and triumph at Princess Anne Health & Rehab Center. Each story illustrates the challenges overcome and the milestones achieved through dedicated therapy and support. It serves as motivation for others facing similar health battles.

8. Managing Chronic Conditions at Princess Anne Health & Rehab Center

This comprehensive book addresses the rehabilitation and care strategies for patients with chronic illnesses at Princess Anne Health & Rehab Center. It covers conditions such as stroke, arthritis, and heart disease, detailing how rehab programs are customized to improve function and quality of life. Healthcare providers and patients will find it a valuable reference.

9. The Future of Patient-Centered Care at Princess Anne Health & Rehab

Looking ahead, this book explores emerging trends and future directions in patient-centered rehabilitation at Princess Anne Health & Rehab Center. It discusses the integration of personalized medicine, telehealth, and community partnerships to enhance patient outcomes. The book envisions a progressive model of care that prioritizes patient needs and preferences.

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