

# **susan jones is a mental health counselor in texas npi**

**susan jones is a mental health counselor in texas npi**, a professional dedicated to providing expert mental health services within the state of Texas. This article explores the credentials, roles, and significance of Susan Jones in the mental health counseling field, emphasizing her National Provider Identifier (NPI) registration. Understanding the importance of the NPI number for healthcare providers, including mental health counselors, is critical for patients, insurance companies, and healthcare organizations. Additionally, this article covers the scope of mental health counseling services available in Texas, the licensing requirements, and how Susan Jones's expertise fits into the broader healthcare system. Whether seeking mental health support or verifying provider credentials, knowing about Susan Jones as a mental health counselor in Texas with an NPI is valuable. The following sections will detail her professional background, the NPI system, licensing standards, and the impact of mental health counseling in the community.

- Understanding Susan Jones's Role as a Mental Health Counselor in Texas
- The Importance of the NPI for Mental Health Professionals
- Licensing and Certification Requirements for Mental Health Counselors in Texas
- Services Provided by Susan Jones as a Mental Health Counselor
- How to Verify Susan Jones's Credentials and NPI Status

## **Understanding Susan Jones's Role as a Mental Health Counselor in Texas**

Susan Jones is a licensed mental health counselor who practices in Texas, focusing on diagnosing and treating mental, emotional, and behavioral disorders. Mental health counselors like Susan provide essential therapeutic services that support individuals, families, and groups in managing mental health challenges. Her role involves conducting assessments, creating treatment plans, and utilizing evidence-based techniques to promote mental wellness. As a professional in Texas, Susan Jones adheres to state regulations and ethical guidelines governing mental health practices. Her expertise enables her to address a wide range of psychological conditions, including anxiety, depression, stress management, trauma, and relationship issues. The presence of qualified counselors such as Susan Jones is vital for expanding access to mental health care across Texas communities.

## **Professional Background and Expertise**

Susan Jones has completed the required educational degrees, typically including a master's degree in counseling or a related mental health field. She possesses specialized training in clinical techniques and therapeutic interventions tailored to diverse populations. Her ongoing professional development ensures she remains current with advancements in mental health care. Through her practice, Susan contributes to reducing stigma around mental illness and improving the quality of life for her clients.

## **Contribution to Texas Mental Health Care**

By offering accessible and effective counseling services, Susan Jones plays a significant role in the mental health infrastructure of Texas. Her work helps alleviate the burden on hospitals and emergency services by providing preventive care and early intervention. Additionally, counselors like Susan support public health initiatives aimed at improving community mental health outcomes.

## **The Importance of the NPI for Mental Health Professionals**

The National Provider Identifier (NPI) is a unique identification number assigned to healthcare providers, including mental health counselors like Susan Jones. This 10-digit number is used universally for administrative and billing purposes across the United States. The NPI helps standardize the identification of providers and facilitates the processing of health insurance claims. For mental health counselors, possessing an NPI is essential to participate in insurance networks and to be recognized by healthcare organizations and government programs.

## **What the NPI Represents**

The NPI serves as a permanent identifier for Susan Jones's professional practice, ensuring consistency in health records and insurance transactions. It eliminates confusion caused by changing addresses, names, or affiliations. This number is critical in maintaining accurate provider data and supports coordination of care across different healthcare systems.

## **Benefits of NPI Registration for Counselors**

Registering for an NPI offers several advantages to mental health counselors, including:

- Streamlined billing and claims submission to insurance companies
- Improved provider recognition and trust among patients and healthcare partners
- Compliance with federal regulations and health information standards

- Facilitation of referrals and collaborative treatment planning

## **Licensing and Certification Requirements for Mental Health Counselors in Texas**

To practice legally as a mental health counselor in Texas, professionals like Susan Jones must meet stringent licensing and certification requirements established by the Texas Behavioral Health Executive Council (BHEC). These standards ensure that counselors have the necessary education, supervised experience, and ethical training to provide competent care.

### **Educational Prerequisites**

Applicants must hold a master's or doctoral degree in counseling or a closely related field from an accredited institution. The coursework typically includes subjects such as human development, counseling theories, ethics, and assessment techniques.

### **Supervised Clinical Experience**

After completing formal education, prospective counselors are required to accrue a designated number of supervised clinical hours. This practical experience allows them to apply theoretical knowledge in real-world settings under professional guidance.

### **Licensing Examination and Application**

Candidates must pass a state-recognized examination that tests their competency in mental health counseling. Upon successful completion, they submit an application to the Texas licensing board, including documentation of education, supervision, and exam results.

### **Ongoing Continuing Education**

Licensed counselors like Susan Jones are mandated to engage in continuing education to maintain their license. This requirement promotes lifelong learning and adherence to best practices within the field.

## **Services Provided by Susan Jones as a Mental Health Counselor**

Susan Jones offers a comprehensive range of mental health services designed to address

various psychological and emotional issues. Her therapeutic approach is tailored to meet individual client needs and improve overall mental well-being.

## **Individual Counseling**

Susan provides one-on-one therapy sessions aimed at helping clients manage issues such as anxiety, depression, grief, and stress. Through personalized treatment plans, she fosters resilience and coping strategies.

## **Group Therapy and Support**

In addition to individual counseling, group therapy sessions facilitate peer support and shared experiences. These groups may focus on topics like addiction recovery, trauma healing, or social skills development.

## **Family and Couples Counseling**

Recognizing the importance of relational dynamics, Susan also works with families and couples to resolve conflicts, improve communication, and strengthen relationships.

## **Crisis Intervention and Prevention**

As part of her practice, Susan Jones is equipped to assist clients experiencing acute mental health crises, providing immediate support and referrals to specialized care when necessary.

## **List of Common Services Offered**

- Assessment and diagnosis of mental health conditions
- Development of individualized treatment plans
- Cognitive-behavioral therapy (CBT)
- Trauma-informed care
- Stress and anxiety management techniques
- Substance abuse counseling
- Life skills coaching and personal development

# How to Verify Susan Jones's Credentials and NPI Status

Verifying the professional credentials and NPI status of mental health counselors like Susan Jones is crucial for ensuring the legitimacy and quality of care. Patients, employers, and insurance providers often perform these checks before engaging services.

## Using the National Plan and Provider Enumeration System (NPPES)

The official government database for healthcare providers, NPPES, allows users to search for Susan Jones by name or NPI number. This database provides detailed information about her practice location, license status, and specialties.

## Checking Texas State Licensing Boards

The Texas Behavioral Health Executive Council website offers a license verification tool to confirm that Susan Jones holds an active and valid mental health counselor license. This step helps ensure compliance with state regulations.

## Additional Verification Methods

Other ways to confirm credentials include:

- Requesting proof of licensure directly from the counselor's office
- Consulting professional associations or certification bodies
- Reviewing insurance provider directories for network participation

## Frequently Asked Questions

### Who is Susan Jones in the context of mental health counseling in Texas?

Susan Jones is a licensed mental health counselor practicing in Texas, identified by her unique National Provider Identifier (NPI) number.

### What services does Susan Jones provide as a mental

## **health counselor in Texas?**

Susan Jones offers counseling and therapy services aimed at addressing mental health issues such as anxiety, depression, stress management, and other emotional or psychological concerns.

## **How can I verify Susan Jones' credentials as a mental health counselor in Texas using her NPI?**

You can verify Susan Jones' credentials by searching her name or NPI number on the National Plan and Provider Enumeration System (NPPES) website, which provides official information about healthcare providers.

## **Is Susan Jones accepting new patients for mental health counseling in Texas?**

To determine if Susan Jones is accepting new patients, it is recommended to contact her office directly or check her practice website for the most current information.

## **What insurance plans does Susan Jones accept as a mental health counselor in Texas?**

Insurance acceptance varies by provider; to find out which insurance plans Susan Jones accepts, you should contact her office directly or consult your insurance provider's directory.

## **Additional Resources**

### *1. Understanding Mental Health Counseling: A Guide for Texas Practitioners*

This book provides an in-depth overview of mental health counseling practices specifically tailored for professionals working in Texas. It covers state regulations, ethical considerations, and culturally competent approaches to therapy. Susan Jones and other counselors will find valuable insights into navigating the Texas healthcare system and effectively supporting their clients.

### *2. The Role of the NPI in Mental Health Services*

Focusing on the National Provider Identifier (NPI) system, this book explains its importance for mental health counselors across the United States, with a particular focus on Texas. It details how to obtain, use, and maintain an NPI number, alongside compliance and billing procedures. Mental health professionals will gain clarity on administrative tasks essential for their practice.

### *3. Cultural Competence in Texas Mental Health Counseling*

This book addresses the diverse population of Texas and the need for culturally sensitive counseling techniques. It explores various cultural backgrounds, including Hispanic, African American, and Native American communities, and offers strategies to enhance communication and therapeutic outcomes. Susan Jones and her peers will benefit from the

practical tools to better serve their clients.

#### *4. Ethics and Legal Issues in Texas Mental Health Counseling*

Covering the ethical frameworks and legal mandates guiding mental health counselors in Texas, this book is an essential resource for professionals like Susan Jones. It discusses confidentiality, mandatory reporting, and client rights within the Texas legal context. Counselors will find case studies and guidelines to ensure compliant and ethical practice.

#### *5. Evidence-Based Practices for Mental Health Counselors in Texas*

This title highlights the most effective, research-supported counseling methods tailored to the Texas mental health landscape. It includes cognitive-behavioral therapy, trauma-informed care, and other modalities proven beneficial for diverse client populations. The book serves as a practical manual for counselors aiming to enhance therapeutic outcomes.

#### *6. Managing Stress and Burnout Among Texas Mental Health Counselors*

Recognizing the emotional demands of mental health counseling, this book offers strategies to prevent burnout and promote self-care among professionals in Texas. It includes mindfulness techniques, workload management, and resources for peer support. Susan Jones and other counselors will find this guide essential for sustaining their well-being and effectiveness.

#### *7. Integrating Technology in Texas Mental Health Counseling*

This book explores the growing role of telehealth and digital tools in mental health counseling, with a focus on regulations and best practices in Texas. It guides counselors through setting up virtual sessions, maintaining privacy, and enhancing client engagement online. Mental health professionals will learn how to adapt their services to modern demands.

#### *8. Child and Adolescent Mental Health Counseling in Texas*

Specialized for counselors working with younger populations, this book addresses developmental issues, family dynamics, and school-related challenges common in Texas. It offers assessment tools and intervention strategies tailored to children and adolescents. Susan Jones will find this resource valuable for expanding her expertise in youth counseling.

#### *9. Building a Private Practice as a Texas Mental Health Counselor*

This practical guide covers the business aspects of establishing and managing a private counseling practice in Texas. Topics include licensing requirements, insurance billing, marketing, and client retention strategies. Mental health counselors like Susan Jones will benefit from the step-by-step advice to create a successful and sustainable practice.

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