

# **susan jones mental health counselor texas 281 npi number**

**susan jones mental health counselor texas 281 npi number** is a specific identifier that helps in accurately locating and verifying the credentials of Susan Jones, a licensed mental health counselor based in Texas. The National Provider Identifier (NPI) number 281 is part of a unique identification system used across the United States to streamline healthcare provider information. This article explores the professional background of Susan Jones, the significance of the NPI number in mental health services, and how her expertise benefits patients in Texas. It also delves into the broader context of mental health counseling, licensing requirements in Texas, and how patients can verify and utilize NPI numbers effectively. By understanding these elements, individuals seeking mental health support can make informed decisions when choosing a counselor like Susan Jones. The following sections will provide a detailed overview of Susan Jones's qualifications, the importance of the 281 NPI number, and the mental health counseling landscape in Texas.

- Understanding Susan Jones's Professional Credentials
- The Role and Importance of the 281 NPI Number
- Mental Health Counseling Services in Texas
- How to Verify and Use NPI Numbers
- Licensing and Regulatory Requirements for Mental Health Counselors in Texas
- Patient Benefits of Choosing Susan Jones as a Mental Health Counselor

## **Understanding Susan Jones's Professional Credentials**

Susan Jones is recognized as a qualified mental health counselor practicing in Texas. Her credentials include advanced education in psychology and counseling, professional licensure, and substantial clinical experience. As a licensed mental health counselor, she is authorized to provide therapeutic services to individuals, groups, and families dealing with various psychological and emotional challenges. Her professional training equips her to address issues such as anxiety, depression, trauma, and relationship difficulties. The specific identification through the 281 NPI number ensures that Susan Jones is officially registered and recognized within the national healthcare system.

## **Educational Background and Training**

Susan Jones has completed graduate-level education in counseling or a related mental health field from an accredited institution. This training includes coursework in human development, psychotherapy techniques, ethics, and mental health diagnosis. Postgraduate supervised clinical hours are required to develop practical skills in assessment and intervention. Continuous professional development keeps her updated with current best practices in mental health care.

## **Professional Experience**

With years of practice in Texas, Susan Jones has gained experience working with diverse populations. Her clinical expertise spans individual therapy, group counseling, and crisis intervention. Experience in various settings such as private practice, community mental health centers, and hospitals enhances her ability to tailor treatment plans to meet client needs effectively.

## **The Role and Importance of the 281 NPI Number**

The National Provider Identifier (NPI) is a unique 10-digit identification number assigned to healthcare providers in the United States, including mental health counselors. The number 281 associated with Susan Jones allows for standardized identification in healthcare transactions and administrative processes. This system simplifies billing, insurance claims, and provider verification. It also ensures compliance with federal regulations governing healthcare providers.

## **What is an NPI Number?**

An NPI number is issued by the Centers for Medicare & Medicaid Services (CMS) and is used universally across healthcare systems to identify providers without ambiguity. The number remains constant regardless of changes in location, specialty, or employer. For mental health counselors like Susan Jones, the NPI number enables seamless interaction with insurance companies and healthcare networks.

## **Benefits of the 281 NPI Number for Providers and Patients**

- Facilitates accurate billing and claims processing
- Ensures provider legitimacy and licensing verification
- Supports integration into electronic health records (EHR) systems
- Enhances transparency for patients seeking verified mental health professionals

- Enables participation in federal and state healthcare programs

## **Mental Health Counseling Services in Texas**

Mental health counseling in Texas is a regulated profession aimed at providing emotional, psychological, and behavioral support to individuals facing mental health challenges. Counselors like Susan Jones deliver evidence-based therapies designed to improve mental well-being and promote resilience. Texas offers a diverse range of mental health services through licensed professionals who adhere to state and federal guidelines.

## **Types of Services Offered**

Services provided by mental health counselors encompass a wide array of therapeutic interventions. These include cognitive-behavioral therapy (CBT), psychodynamic therapy, family counseling, and trauma-informed care. Counselors also assist with stress management, substance abuse counseling, and developmental issues. Susan Jones's practice likely incorporates tailored treatment plans that address the unique needs of her clients.

## **Accessibility and Availability**

In Texas, mental health services are accessible through private practice, clinics, hospitals, and community centers. Licensed counselors are available in urban and rural areas, with telehealth options expanding access further. Insurance coverage, including Medicaid and private plans, often requires verification of provider credentials and NPI numbers, underscoring the importance of Susan Jones's registration in the system.

## **How to Verify and Use NPI Numbers**

Patients and healthcare professionals can verify an NPI number through official databases managed by the National Plan and Provider Enumeration System (NPPES). Verification confirms the provider's identity, license status, and practice location. This process is crucial for insurance claims and ensuring that mental health counselors meet professional standards.

## **Steps to Verify an NPI Number**

1. Access the NPPES NPI Registry website or authorized verification tools.
2. Enter the NPI number, such as the 281 number linked to Susan Jones.
3. Review the provider's profile details, including name, credentials, and practice

address.

4. Confirm that the information matches the intended mental health counselor.
5. Use the verified data when submitting insurance claims or seeking referrals.

## **Using NPI Numbers for Insurance and Referrals**

Insurance companies require the NPI number to process mental health service claims accurately. Referring physicians and healthcare networks also use the NPI to coordinate care and ensure continuity. Patients benefit from transparent provider identification, facilitating trust and informed decision-making when choosing counselors like Susan Jones.

## **Licensing and Regulatory Requirements for Mental Health Counselors in Texas**

Texas mandates specific licensing and regulatory standards for mental health counselors to ensure safe and effective care. Susan Jones, as a licensed professional, complies with these requirements, which include education, examination, supervised practice, and continuing education.

### **Licensing Process**

To obtain licensure in Texas, candidates must hold a master's degree in counseling or a related field from an accredited program. They must complete a defined number of supervised clinical hours and pass the National Counselor Examination (NCE) or an equivalent licensure exam. The Texas Behavioral Health Executive Council oversees licensure, ensuring adherence to ethical and professional standards.

### **Continuing Education and Ethical Standards**

Licensed counselors like Susan Jones are required to complete continuing education credits regularly to maintain their licenses. This ongoing education keeps counselors informed about new therapeutic techniques, legal requirements, and ethical guidelines. Compliance with the Texas Code of Ethics for counselors safeguards client welfare and professional integrity.

## **Patient Benefits of Choosing Susan Jones as a Mental Health Counselor**

Patients seeking mental health support in Texas can benefit significantly from choosing a

counselor like Susan Jones, who is fully credentialed and identifiable by the 281 NPI number. Her qualifications, verified registration, and adherence to state regulations ensure high-quality care. Clients receive personalized therapy aimed at improving mental health outcomes in a confidential and supportive environment.

## **Quality of Care and Professionalism**

Susan Jones's expertise and licensure guarantee that she follows evidence-based practices and ethical standards. Her ability to tailor treatment to individual needs fosters effective therapeutic relationships and positive client outcomes. The transparency provided by the NPI number reinforces trust and accountability.

## **Insurance Compatibility and Accessibility**

Using the 281 NPI number, patients can confirm that Susan Jones accepts specific insurance plans, facilitating easier access to mental health services with reduced out-of-pocket costs. This compatibility supports broader accessibility, particularly for individuals relying on insurance coverage for mental health care.

## **Frequently Asked Questions**

### **Who is Susan Jones, the mental health counselor in Texas with NPI number 281?**

Susan Jones is a licensed mental health counselor practicing in Texas, identified by her National Provider Identifier (NPI) number 281.

### **What services does Susan Jones offer as a mental health counselor in Texas?**

Susan Jones provides counseling services including individual therapy, family therapy, and mental health assessments to support emotional and psychological well-being.

### **How can I verify the credentials of Susan Jones, mental health counselor, using her NPI number 281?**

You can verify Susan Jones's credentials by searching her NPI number 281 on the official NPI Registry website managed by the Centers for Medicare & Medicaid Services.

### **Is Susan Jones accepting new patients for mental health counseling in Texas?**

Availability may vary; it is recommended to contact Susan Jones directly or her practice to

inquire about accepting new patients.

## **What is the importance of the NPI number 281 for Susan Jones as a mental health counselor?**

The NPI number 281 is a unique identifier that helps in verifying Susan Jones's professional status and facilitates billing and insurance processes.

## **Where is Susan Jones's mental health counseling practice located in Texas?**

Specific location details can be found by looking up her NPI number or contacting her office directly, as the NPI registry provides address information.

## **Can I use insurance to pay for counseling sessions with Susan Jones in Texas?**

If Susan Jones is an in-network provider for your insurance plan, you may use insurance; verification with both the counselor and your insurance company is advised.

## **What qualifications does Susan Jones have as a mental health counselor in Texas?**

Susan Jones holds the necessary licensure and credentials as required by Texas state regulations for mental health counselors, which can be confirmed via her NPI record.

## **Additional Resources**

### *1. Understanding Mental Health Counseling: A Guide for Texas Practitioners*

This comprehensive book covers the essential principles and practices of mental health counseling specifically tailored for professionals in Texas. It includes information on state regulations, ethical considerations, and effective therapeutic techniques. Readers will gain insights into the unique challenges faced by counselors in Texas and strategies to support diverse client populations.

### *2. The Role of the Mental Health Counselor: Insights from Susan Jones, Texas*

Drawing inspiration from the work of Susan Jones, a licensed mental health counselor in Texas, this book explores the day-to-day responsibilities and impact of counselors. It highlights case studies and real-world applications of counseling theories, emphasizing Texas-specific licensing and practice standards. The book serves as both a motivational and practical guide for aspiring and current counselors.

### *3. Texas Mental Health Counseling: Navigating NPI Numbers and Professional Identity*

Focused on the administrative and professional aspects of mental health counseling in Texas, this book explains the importance of the National Provider Identifier (NPI) system. It offers detailed guidance on how counselors like Susan Jones use their NPI numbers, such as 281, to manage billing, insurance claims, and professional credibility. This resource is

invaluable for counselors seeking to streamline their practice management.

#### *4. Effective Therapeutic Techniques for Licensed Mental Health Counselors in Texas*

This book presents a variety of evidence-based therapeutic methods suitable for mental health counselors practicing in Texas. It emphasizes culturally competent approaches and ethical practices that align with state licensing requirements. The text is ideal for counselors aiming to enhance their clinical skills and improve client outcomes.

#### *5. Ethics and Legal Issues in Texas Mental Health Counseling*

Exploring the legal and ethical frameworks governing mental health counseling in Texas, this book is a must-read for professionals like Susan Jones. It covers confidentiality, mandatory reporting, informed consent, and scope of practice. The book provides practical advice for navigating complex situations while maintaining compliance with Texas state laws.

#### *6. Supporting Mental Health in Texas Communities: Counselor Strategies and Case Studies*

This collection of case studies and strategies highlights the work of counselors in various Texas communities, including urban and rural settings. It showcases how mental health professionals like Susan Jones address community-specific issues such as trauma, substance abuse, and cultural diversity. The book encourages community engagement and tailored intervention approaches.

#### *7. Building a Successful Counseling Practice in Texas: From Licensing to Client Care*

Ideal for new and experienced counselors, this book guides readers through establishing and growing a private practice in Texas. It includes detailed steps on obtaining licensure, applying for an NPI number, marketing services, and managing client relationships. Practical tips and checklists help counselors create sustainable and ethical practices.

#### *8. Mindfulness and Mental Health Counseling: Techniques for Texas Practitioners*

Focusing on mindfulness-based interventions, this book offers mental health counselors in Texas tools to incorporate mindfulness into therapy sessions. It discusses the benefits of mindfulness for various mental health conditions and provides step-by-step instructions for implementation. The book is supported by research and tailored to fit the needs of Texas clients.

#### *9. Continuing Education and Professional Development for Texas Mental Health Counselors*

This resource emphasizes the importance of ongoing education and skill enhancement for counselors licensed in Texas. It outlines available continuing education options, certification programs, and professional organizations relevant to practitioners like Susan Jones. The book helps counselors stay current with best practices and maintain their licensure.

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