

taking shape size guide

taking shape size guide is an essential resource for individuals seeking accurate and reliable sizing information for the Taking Shape brand. Understanding the specific measurements and fit guidelines helps shoppers select the perfect size, ensuring comfort and style. This comprehensive size guide covers everything from measurement tips to detailed size charts, addressing common questions about fit, alterations, and returns. Whether shopping online or in-store, knowing how to navigate the Taking Shape size options enhances the shopping experience and reduces the likelihood of exchanges or returns. This article will provide a thorough overview of the brand's sizing philosophy, how to measure correctly, and interpret the size chart effectively.

- Understanding Taking Shape Sizing
- How to Measure for Taking Shape Clothing
- Taking Shape Size Chart Explained
- Tips for Choosing the Right Size
- Frequently Asked Questions About Taking Shape Sizes

Understanding Taking Shape Sizing

Taking Shape is a fashion brand that caters primarily to plus-size women, emphasizing flattering fits and comfortable designs. Their sizing system is designed to accommodate a wide range of body shapes and sizes, focusing on inclusivity. Unlike standard sizing, Taking Shape provides detailed measurement guidelines to help customers find sizes that truly fit their body contours. The brand's approach combines traditional size metrics with practical fit advice, addressing common sizing challenges faced by plus-size shoppers.

Sizing Philosophy

The Taking Shape size guide is grounded in a philosophy that prioritizes comfort, proportion, and style. Garments are crafted to enhance natural curves without excessive tightness or looseness. This philosophy influences the size ranges and the cut of the clothing, making the sizing system somewhat unique compared to standard retail brands. As a result, customers are encouraged to rely on precise body measurements rather than typical numerical sizes.

Size Range Overview

Taking Shape offers sizes typically ranging from US 12 to US 26, covering a broad spectrum of plus sizes. This wide range ensures that many body types are accommodated. The brand's size chart often corresponds to specific bust, waist, and hip measurements, helping customers choose sizes based on their exact body dimensions rather than guesswork.

How to Measure for Taking Shape Clothing

Accurate body measurements are critical when using the Taking Shape size guide. Measuring correctly ensures that the selected size will provide the intended fit and comfort. The key measurements include bust, waist, and hips, as well as occasionally height and inseam for certain styles.

Tools Needed

To take precise measurements, the following tools are recommended:

- Flexible measuring tape
- Mirror to check tape position
- Pen and paper to record measurements
- Fitted clothing or no clothing to avoid measurement errors

Measuring Instructions

Each measurement should be taken with the tape snug but not tight, parallel to the floor, and in a relaxed standing position. The main measurements include:

- **Bust:** Measure around the fullest part of the chest, keeping the tape level under the arms and across the back.
- **Waist:** Measure around the natural waistline, which is the narrowest part of the torso, usually just above the belly button.
- **Hips:** Measure around the fullest part of the hips and buttocks, ensuring the tape is level and not twisted.
- **Height:** Some styles may require knowing the height to determine length or fit.
- **Inseam:** For pants or skirts, measure from the crotch along the inner leg down to the ankle.

Taking Shape Size Chart Explained

The Taking Shape size chart is a detailed table that matches body measurements to the brand's size labels. Understanding this chart is crucial for selecting the correct size. The chart typically lists bust, waist, and hip measurements in inches, aligned with corresponding sizes.

How to Use the Size Chart

Once measurements are taken, compare each to the size chart to find the best match. If measurements fall between sizes, it is generally recommended to choose the larger size for comfort and ease of movement, especially with plus-size clothing. The chart helps to understand how garments will fit across different body areas.

Size Chart Example

While exact numbers may vary slightly depending on the garment style, a typical size chart includes ranges such as:

- Size 12: Bust 38-39 inches, Waist 30-31 inches, Hips 41-42 inches
- Size 14: Bust 40-41 inches, Waist 32-33 inches, Hips 43-44 inches
- Size 16: Bust 42-43 inches, Waist 34-35 inches, Hips 45-46 inches
- Size 18: Bust 44-45 inches, Waist 36-37 inches, Hips 47-48 inches
- Size 20: Bust 46-47 inches, Waist 38-39 inches, Hips 49-50 inches

These ranges assist in selecting the most appropriate size based on measurements.

Tips for Choosing the Right Size

Choosing the right size in Taking Shape clothing involves more than just matching measurements to a chart. Several factors affect the final fit and satisfaction with the garment.

Consider Fabric and Style

The type of fabric and design of the clothing can influence how the garment fits. Stretchy fabrics like jersey or knits offer more flexibility, allowing for a closer fit, while woven fabrics may require a slightly larger size for comfort. Additionally, tailored styles may fit differently than relaxed or loose-fitting garments.

Account for Fit Preferences

Personal preference for how clothing should fit is important. Some customers prefer a snug fit, while others seek more roominess. Using the size chart as a guide, it is advisable to factor in these preferences when selecting a size.

Allow for Layering

If the garment will be worn over other clothing layers, such as undergarments or shirts, selecting a size slightly larger may be beneficial to avoid tightness.

Use Reviews and Feedback

When available, customer reviews and fit feedback can provide insight into whether a garment runs true to size, small, or large, which can aid in decision-making.

Frequently Asked Questions About Taking Shape Sizes

Several common questions arise related to the Taking Shape size guide, addressing fit concerns and sizing details.

Is Taking Shape True to Size?

Generally, Taking Shape clothing is true to size when measurements are taken accurately and the size chart is followed. However, slight variations may exist depending on the garment style and fabric.

Can I Exchange or Return if the Size Does Not Fit?

Most retailers offering Taking Shape products provide options for exchanges or returns, but policies vary. It is recommended to review the specific return policy before purchasing and keep original tags intact.

Are There Petite or Tall Options?

Taking Shape primarily focuses on plus-size ranges, but some styles may offer different length options to accommodate varying heights. Checking product descriptions for length details is advisable.

How Often Should I Re-measure?

Body measurements can change over time due to various factors. Re-measuring before each purchase ensures optimal fit and comfort.

Frequently Asked Questions

What is the Taking Shape size guide?

The Taking Shape size guide is a detailed chart provided by the Taking Shape brand to help customers determine the best clothing size based on their body measurements such as bust, waist, and hips.

How do I measure myself using the Taking Shape size guide?

To use the Taking Shape size guide, measure your bust at the fullest part, your waist at the narrowest point, and your hips at the widest part. Compare these measurements to the size chart to find your ideal size.

Does Taking Shape clothing run true to size?

Taking Shape clothing typically runs true to size, but it is recommended to consult the size guide and measure yourself to ensure the best fit, as some styles may vary.

Can I use the Taking Shape size guide for online purchases?

Yes, the Taking Shape size guide is especially useful for online purchases as it helps you select the correct size without trying the clothes on in-store.

What should I do if my measurements fall between two sizes on the Taking Shape size guide?

If your measurements fall between two sizes on the Taking Shape size guide, it is generally advised to choose the larger size for a more comfortable fit, or consider the specific garment style and fabric stretch.

Additional Resources

1. *The Ultimate Guide to Taking Shape and Size*

This comprehensive guide covers techniques for accurately measuring body shape and size for clothing and fitness purposes. It includes step-by-step instructions, tips on choosing the right tools, and advice on interpreting measurements for different body types. Ideal for fashion designers, tailors, and fitness enthusiasts alike.

2. *Body Measurements Made Easy: A Size Guide Handbook*

This book simplifies the process of taking body measurements with clear illustrations and practical advice. It helps readers understand the

importance of precise measurements in tailoring and personal styling. The guide also covers common measurement mistakes and how to avoid them.

3. *Shape and Size: The Complete Measurement Manual*

Focusing on both body shape analysis and size determination, this manual offers detailed methodologies for capturing accurate data. It explores various measurement systems used worldwide and explains how to convert between them. Perfect for professionals in apparel design and production.

4. *Mastering the Art of Taking Body Measurements*

A detailed instructional book that walks readers through the process of measuring different body parts for custom clothing. It includes tips on measuring for different fabric types and garment styles. The book also discusses how to adjust measurements for comfort and fit.

5. *Size Matters: A Practical Guide to Body Measurements*

This practical guide delves into the significance of body measurements in fashion and health. It provides tools and templates for tracking size changes over time. Additionally, the book emphasizes the relationship between body shape, size, and clothing fit.

6. *From Inches to Fit: The Shape and Size Handbook*

Designed for beginners and professionals, this handbook explains how to take precise body measurements and apply them to garment construction. It includes case studies and examples demonstrating the impact of accurate sizing on clothing fit. The book also covers advanced measurement techniques.

7. *The Essential Size and Shape Reference for Tailors*

Tailored specifically for sewing professionals, this reference book addresses common challenges in measuring clients. It offers solutions for measuring unique body shapes and sizes, ensuring garments are both comfortable and flattering. The book also includes measurement charts and alteration guides.

8. *Understanding Body Shapes and Sizes: A Visual Guide*

This visually rich guide uses diagrams and photographs to explain various body shapes and how to measure them. It helps readers identify their own body shape and understand how it influences sizing. The book is useful for fashion consultants, designers, and individuals.

9. *Precision in Measurement: The Science of Shape and Size*

Exploring the technical aspects of body measurement, this book integrates anatomy, geometry, and measurement science. It discusses tools like 3D body scanners and their role in modern sizing. Ideal for researchers and professionals seeking accuracy in body measurement.

[Taking Shape Size Guide](#)

Related Articles

- [tamu physics 206 formula sheet](#)
- [tales of zestiria trophy guide](#)
- [tampa airport parking economy](#)

[Back to Home](#)